

# Cholent

© 2007 I. Sheldon Posen WELL DONE MUSIC BMI

Well I used to spend the weekend with a friend from Hebrew school  
His folks were *shomer shabis* and when we got home from *shul*  
They put a big pot on the table and *shabis* dinner would begin  
First his dad would say "*Hamotzi*," then he'd tell us to dig in:

He'd say: "It's time for some *cholent*  
And a *gleyzele vayn*  
Because *shabis* means *cholent*  
In this *mishpokhe* of mine."

Well, first you brown *flanken* chopped onions, garlic too  
Add carrots and tomatoes and dried beans to the brew  
A small coil of *kishke* turn the oven down low  
Add water and cover cook it long, cook it slow.

That's how you make *cholent*  
It bakes overnight  
Next day you eat *cholent*  
The *shomer shabis* delight.

Now some say it's "stodgy" they say it's "heavy as lead"  
But when you've had *cholent* well, you know you've been fed  
It fills every crevice it plugs every leak  
Don't even think about eating till *shabis* next week.

So try a *bisele cholent*  
And bid hunger adieu  
*Ess gezunt* and eat *cholent*  
Good and good for you, too  
Mmmm, ch- ch- ch- *cholent*  
It's *shabat* in a stew  
I'm talkin' 'bout *cholent*  
It says "Good *shabis*" to you.